THE SUKHOTHAI

SPA



Thai Elemental Harmony Therapy

110 minutes · THB 6,000
(Includes a comprehensive 20-minute consultation)

A *personalised journey inspired by the four natural elements*

Your journey begins with a 20-minute consultation exploring your preferences, present state and natural tendencies through the lens of Earth, Water, Wind and Fire. From there, traditional Thai spa techniques are selected and adapted to create a personally guided experience that supports relaxation, comfort and overall wellbeing.

BEST FOR
Guests seeking a fully bespoke, consultation-led therapy.



EARTH

Physical comfort

Ease everyday muscular tension and encourages a grounded sense of physical ease.



WATER

Refresh & Restore

Flowing, replenishing care supports a refreshed feeling in the body and skin.



WIND

Calm & Settle

Gentle rhythm and considered touch encourage relaxation and a quieter sense of ease.



FIRE

Renew & Rebalance

Purposeful bodywork helps release accumulated tension and supports renewed vitality.

Cupping Therapy

30 minutes · THB 1,500

Targeted suction therapy to alleviate localized tension and promote circulation.

Traditional Thai Scraping (Gua Sha)

30 minutes · THB 1,500

An ancient healing technique using rhythmic, gliding strokes to release deep-seated stagnation and restore balance.

All prices are in Thai Baht and subject to a 10% service charge and applicable government tax.

Bespoke Body Massage

60 l 90 minutes · THB 3,000 l 3,900

Customised therapeutic or relaxation massage tailored to your preferred pressure, delivered on professional portable massage tables with face cradles.

Traditional Thai Massage

60 l 90 minutes · THB 3,000 l 3,900

An ancient, therapeutic practice combining acupressure and assisted stretching to release tension and restore the body’s natural energy flow.

Thai Herbal Compress Massage

120 minutes · THB 5,900

A warming, restorative treatment using steamed herbal compresses to ease muscle tension, improve circulation, and soothe both body and mind.

Ultimate Relaxation Duo

120 minutes · THB 4,800

A combination of Bespoke Body Massage and Revitalizing Express Facial for complete head-to-toe rejuvenation.

Back & Shoulder Massage

30 minutes · THB 2,500

A focused treatment targeting the back, shoulders, and neck to release tension held from daily stress and posture.

All prices are in Thai Baht and subject to a 10% service charge and applicable government tax.

Foot Massage

45 minutes · THB 2,700

A revitalizing pressure-point treatment focused on the feet and lower legs to relieve fatigue and restore a sense of lightness.

Scalp Massage

30 minutes · THB 2,500

A soothing head and scalp treatment using gentle kneading strokes to relieve tension and promote deep relaxation.

Body Scrub

60 minutes · THB 2,900

An exfoliating treatment using fine natural granules to polish away dead skin and reveal soft, radiant skin.

Aromatherapy Upgrade

+15 minutes · THB 500

Add a premium organic essential oil blend to enhance relaxation and muscle recovery.

All prices are in Thai Baht and subject to a 10% service charge and applicable government tax.

Moringa Wellness Collection

100% cold-pressed organic Moringa oil, sustainably grown in Thailand and pressed once to preserve its natural qualities, is at the heart of this collection. Rich botanical care is paired with skilled touch to soften the feel of the skin, support surface hydration and ease the appearance of everyday fatigue.

Dawn of Happiness

90 I 120 minutes · THB 5,500 I 6,500

The ritual begins with a gentle botanical body scrub, followed by a rhythmic Moringa Royal Thai Massage using warm herbal compresses. The sequence combines skin-smoothing care with purposeful bodywork to ease everyday tension and encourage a calm, grounded sense of relaxation.

Moringa Hydrate Facial

60 minutes · THB 4,000

A botanical facial pairing Moringa-based hydration with gentle Gua Sha sweeping techniques. Skilled facial massage helps ease visible tension and supports a smoother, refreshed and luminous-looking complexion.

Moringa Essential Fusion

60 I 90 minutes · THB 5,800 I 6,500

A dual-focus experience combining an express facial with focused body massage. Hydrating facial care supports a fresh, supple appearance while targeted massage addresses everyday tension through the back, neck and shoulders.

All prices are in Thai Baht and subject to a 10% service charge and applicable government tax.

Biologique Recherche – France

Each treatment begins with a Skin Instant© assessment to guide product selection and personalise the facial according to the skin's present needs.

Lift C.V.S.

60 minutes · THB 6,500

Botanical cleansing and gentle micro-exfoliation are followed by a sculpting facial massage and a personalised selection of active serums. The treatment supports a smoother surface, enhanced definition and a firmer-looking, refreshed complexion.

Booster VIP O_2

60 minutes · THB 6,500

An oxygenating facial combining thorough cleansing, gentle massage and a nutrient-rich booster selected to refresh the complexion. The treatment supports a brighter, more rested and healthy-looking finish while maintaining comfort and hydration.

Lissant

60 minutes · THB 6,500

A soothing facial pairing cleansing and mild exfoliation with calming massage and hydrating formulations. Designed for comfort and replenishment, it supports a smoother, softer and luminous-looking complexion.

Cold Mask & Cryo Stick

30 minutes · THB 1,500

A cooling facial enhancement that provides a refreshing, soothing finish and can be added to your selected facial ritual.

All prices are in Thai Baht and subject to a 10% service charge and applicable government tax.

The Organic Facial by Kerstin Florian – USA

Clean-crafted botanicals, nutrient-rich algae and premium caviar are paired with skilled facial touch to create personalised care with a refined, results-conscious approach.

Customised Deep Cleansing

Single 60 minutes · THB 4,000
Couple 60 minutes · THB 7,000

A clarifying botanical facial tailored to the skin's present needs. Deep cleansing and gentle exfoliation are paired with stimulating facial massage to leave the complexion feeling thoroughly refreshed, balanced and smooth.

Gua Sha Lifting Facial

Single 60 minutes · THB 5,000
Couple 60 minutes · THB 8,500

A high-touch facial centred on Gua Sha massage using specialised jade tools across the face, neck and décolleté. Gentle sweeping techniques help ease facial tension and reduce the appearance of puffiness, while hydrating care supports a replenished, smooth and luminous-looking complexion.

All prices are in Thai Baht and subject to a 10% service charge and applicable government tax.



THE SUKHOTHAI SPA

13/3 South Sathorn Road, Thungmahamek,
Sathorn, Bangkok 10120, Thailand