

Name of Spa:	The Sukhothai Spa
Director of Spa & Wellness:	Ms. Arunika Ekawati
Operation hours:	09.00 AM – 11.00 PM (last booking for 60-minute treatments no later than 10.00 PM)
Tel:	+66 (0) 2 344 8676
Email:	thesukhothaispa@sukhothai.com
Credit cards accepted:	AMEX, VISA, MasterCard, Diners Club
BTS station:	Sala Daeng station
MRT station:	Lumpini station

The Sukhothai Spa is meticulously combines traditional, result-driven, and modern practices from diverse cultures to provide a comprehensive range of treatments. Designed as a retreat from city life, our spa features hand-picked, highly trained professionals committed to delivering personalized attention, setting The Sukhothai Spa apart in the realm of wellness.

Our extensive array of services includes massage therapy, beauty treatments, hammams, yoga, Pilates, meditation classes, personalized nutrition advice, and fitness training. The in-house facilities, such as a salt-water outdoor infinity swimming pool, hot tubs, saunas, steam rooms, a state-of-the-art technology facial room, and dedicated spaces for yoga, Pilates, and meditation, further enhance the guest experience.

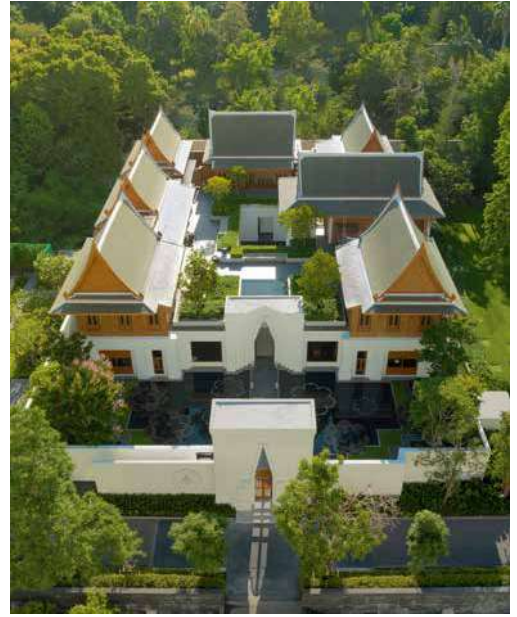
The Sukhothai Bangkok's design team seamlessly blends Thai architecture and landscape design, creating an architectural gem that mirrors the ambiance of a hidden village within a lush garden. Drawing inspiration from Wat Sri Chum, a revered temple, our design integrates elements that capture the temple's grandeur, offering guests a delightful surprise with every exploration of the hotel grounds. The Sukhothai Spa is an urban oasis, a sanctuary dedicated to wellness.



Rooms: 1 Presidential Suite and 6 couple rooms

Approximately 65 square meters, the Presidential Suite is divided into three parts. The entrance doors are typical, and the first area is a foyer with flooring made from wood reclaimed from an old building, evoking the terrace of a Thai house. The main room is a treatment area with a double massage bed at the center, featuring fine-grain light grey terrazzo flooring throughout. The bathroom has windows styled like those of a Thai house, allowing natural light and good ventilation. The Presidential Suite offers a beautiful view of a broad garden and existing trees through its windows.

All six couple rooms have a color scheme inspired by 'Sangkhalok' pottery ware, featuring muted green and ivory materials, including sofa upholstery and decorative pillows. A warm frame of brown natural wood and bronze decorations complements the décor. The metallic bronze-painted curved ceiling, along with warm ambient lighting from house lanterns and a glowing light emphasizing the concave ceiling effect, creates a serene atmosphere.



Treatments:

- The Royal Remedies: Thai traditional practice and philosophy
- Result-driven Face & Body Treatments: Utilizing highly concentrated active ingredients
- Face, Rituals and Bath: Organic, nature, and holistic approach
- Turkish Ceremony & Massage
- PEDI: MANI: CURE STUDIO by Bastien Gonzalez - France
- IV Cocktail, Wellness, Anti-ageing, Stem cell Clinic by Miskawaan

Signature treatments:

- **The Sukhothai Signature Massage (60/90/120 minutes)**
Experience a harmonious blend of soothing and invigorating massage techniques with The Sukhothai Signature Massage. Rooted in the ancient wisdom of Oriental energy meridians, this massage uses a skillful combination of calming kneading and rejuvenating stretching. It's designed to alleviate stress, enhance flexibility, and promote a profound state of relaxation throughout the central nervous system.
- **Gua Sha Lifting Facial (90 minutes)**
This facial rejuvenates the skin through the ancient art of Gua Sha, enhanced with protein-rich caviar for a visibly firmer, contoured, and glowing complexion. Expert massage techniques using specialized jade tools stimulate lymphatic drainage, release toxins, improve circulation, and enhance natural hydration. Botanical essences nourish, replenish, and fortify the skin. This comprehensive treatment releases tension, reduces puffiness, and enhances clarity, leaving the face, neck, and décolleté visibly smoother, tighter, and more radiant.
- **Ginger Renewal Ritual (150 minutes)**
Ginger's healing and warming properties invigorate and nourish the skin. Begin with a detoxifying dry brush, followed by a relaxing full body massage with warm stones and a body wrap.
- **Bastien's DUO (75 minutes)**
This synchronized four-hands treatment focuses on your feet, legs, hands, and arms, offering the ultimate in manicure and pedicure luxury with complete relaxation.

Our product house partners:

- Biologique Recherche - France
- PEDI: MANI: CURE STUDIO by Bastien Gonzalez - France
- Moringa Projects - Thailand
- Kerstin Florian - USA
- Charme d'Orient - France
- Miskawaan Clinic - Thailand



For further information or high-resolution images, please contact:

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